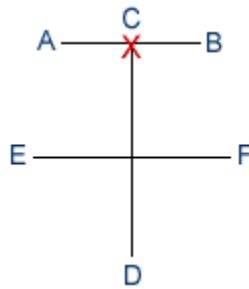


TOI-GYE



TOI-GYE is the pen name of the noted scholar Yi Hwang (16th century), an authority on neo Confucianism. The 37 movements of the pattern refer to his birthplace on 37° latitude, the diagram represents "scholar".

Movements – 37



Starting Position - CLOSED READY STANCE B

The illustration for this pattern assumes that the student is standing on the X and facing D.

1. Move the left foot to B forming a right L-stance toward B while executing a left inner forearm middle block to B.
2. Execute a low right upset finger tip thrust to B while forming a left walking stance toward B, slipping the left foot to B.
3. Bring the left foot to the right foot to form a closed stance toward D while executing a side back strike to C with the right back fist, extending the left arm to the side downward. **Perform in slow motion.**
4. Move the right foot to A forming a left L-stance toward A while executing a right inner forearm middle block to A.
5. Execute a low left upset finger tip thrust to A while forming a right walking stance toward A, slipping the right foot to A.
6. Bring the right foot to the left foot to form a closed stance toward D while executing a side back strike to C with the left back fist, extending the right arm to the side downward. **Perform in slow motion.**
7. Move the left foot to D forming a left walking stance toward D while executing an X-fist pressing block.
8. Execute a high twin vertical punch to D while maintaining a left walking stance toward D. **Perform 7 and 8 in a continuous motion.**
9. Execute a right foot middle front snap kick to D, keeping the position of the hands as they were in 8.
10. Lower the right foot to D forming a right walking stance toward D while executing a right fist middle punch to D.
11. Execute a left fist middle punch to D while maintaining a right walking stance toward D.
12. Bring the left foot to the right foot forming a closed stance toward F while executing a twin side elbow thrust. **Perform in slow motion.**

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13. Move the right foot to F in a stamping motion forming a sitting stance toward C while executing a right outer forearm W-shape block to C.
14. Move the left foot to F in a stamping motion turning clockwise to form a sitting stance toward D while executing a left outer forearm W-shape block to D.
15. Move the left foot to E in a stamping motion turning clockwise to form a sitting stance toward C while executing a left outer forearm W-shape block to C.
16. Move the right foot to E in a stamping motion turning counter clockwise to form a sitting stance toward D while executing a right outer forearm W-shape block to D.
17. Move the left foot to E in a stamping motion turning clockwise to form a sitting stance toward C while executing a left outer forearm W-shape block to C.
18. Move the left foot to F in a stamping motion turning clockwise to form a sitting stance toward D while executing a left outer forearm W-shape block to D.
19. Bring the right foot to the left foot and then move the left foot to D forming a right L-stance toward D while executing a low left double forearm pushing block to D.
20. Extend both hands upward as if to grab the opponent's head while forming a left walking stance toward D, slipping the left foot to D.
21. Execute a right knee upward kick while pulling both hands downward.
22. Lower the right foot to the left foot and then move the left foot to C forming a right L-stance toward C while executing a middle knife-hand guarding block to C.
23. Execute a left foot low side front snap kick to C, keeping the position of the hands as they were in 22.
24. Lower the left foot to C forming a left walking stance toward C while executing a high left flat finger tip thrust to C.
25. Move the right foot to C forming a left L-stance toward C while executing a middle knife-hand guarding block to C.
26. Execute a right foot low side front snap kick to C, keeping the position of the hands as they were in 25.
27. Lower the right foot to C forming a right walking stance toward C while executing a high right flat finger tip thrust to C.
28. Move the right foot to D forming a right L-stance toward C while executing a side back strike to D with the right back fist and a low block to C with the left outer forearm.
29. Jump to C forming a right X-stance toward A while executing an X-fist pressing block.
30. Move the right foot to C forming a right walking stance toward C while executing a high right double forearm block to C.
31. Move the left foot to B forming a right L-stance toward B while executing a low knife-hand guarding block to B.

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32. Execute a right inner forearm circular block to BD while forming a left walking stance toward B, slipping the left foot to B.
33. Bring the left foot to the right foot and then move the right foot to A forming a left L-stance toward A, at the same time executing a low knife-hand guarding block to A.
34. Execute a left inner forearm circular block to AD while forming a right walking stance toward A, slipping the right foot to A.
35. Execute a right inner forearm circular block to CE while forming a left walking stance toward CE.
36. Execute a left inner forearm circular block to AD while forming a right walking stance toward A.
37. Move the right foot on line AB to form a sitting stance toward D while executing a right fist middle punch to D.

END: Bring the right foot back to Closed Ready Stance B